



August 2026

Cascade High School

MENU

Daily Offering:
PBJ Uncrustable Sandwich,
Chicken Patty Sandwich, Spicy Chicken Patty Sandwich,
Cheeseburger, Deli Sub Sandwich,
Fresh Salads, Homemade Pepperoni & Cheese Pizza

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
BRK: EGG & CHEESE CROISSANT, MINI STRAWBERRY PANCAKE PUFFS ³ LUNCH: BBQ PORK SANDWICH Baked Beans, Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice BRK: SAUSAGE & CHEESE BISCUIT, VANILLA CONFETTI SNACKN WAFFLES ¹⁰ LUNCH: GRILLED CHEESE & BACON SANDWICH Tomato Soup, Fresh Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice	BRK: BACON, EGG & CHEESE BREAKFAST BURRITO, FRENCH TOAST STICKS LUNCH: LOADED TATER TOTS W/ TURKEY CHORIZO & SALSA CON QUESO Mexicali Corn, Grape Tomatoes, Fresh Orange, Pears Apple Juice BRK: BOSCO STICK, ORANGE GLAZED CINNAMON ROLL ⁴ LUNCH: CHICKEN RANCH CLUB FLATBREAD Baked Beans, Cucumber Slices, Fresh Orange, Pears, Apple Juice	BRK: SAUSAGE BREAKFAST PIZZA, MINI CINNI ⁵ LUNCH: MINI PANCAKES WITH CHEESE OMELET Tater tots, Fresh Broccoli, Peaches, Fresh Apple Wedges, Orange Juice BRK: BACON, EGG & CHEESE BISCUIT, POWDERED SUGAR DONUT ⁸ LUNCH: BAKED LASAGNA W/ GARLIC KNOT Green Beans, Celery Sticks, Peaches, Fresh Apple Wedges, Grape Juice	BRK: SAUSAGE & CHEESE ENGLISH MUFFIN, CHOCOLATE CRESCENT ⁶ LUNCH: HONEY STUNG POPCORN CHICKEN with CHILI CHEESE FLATBREAD Roasted Baby Carrots, Celery Sticks, Applesauce, Craisins, Grape Juice BRK: SAUSAGE BREAKFAST PIZZA, MINI CINNI ¹³ LUNCH: WAFFLES & SAUSAGE LINKS Potato Smiles, Fresh Broccoli, Applesauce, Raisins, Orange Juice	BRK: SAUSAGE PANCAKE WRAP, CINN BREAKFAST BUN ⁷ LUNCH: BUFFALO POPCORN CHICKEN MAC & CHEESE Steamed Broccoli, Romaine Salad, Fresh Banana, Strawberries, Fruit Juice BRK: EGG BAGEL, CINNAMON CHIP GLAZED SCONES ¹⁴ LUNCH: MEATBALL SUB W/ MAC N CHEESE Romaine Salad, Red Peppers, Strawberries, Fresh Banana, Fruit Juice
BRK: SAUSAGE PANCAKE WRAP, APPLE FRUDEL ¹⁷ LUNCH: CHICKEN QUESADILLA Rainbow Blend Veggies, Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice BRK: HAM & CHEESE ENGLISH MUFFIN, CINNAMON BREAKFAST BUN ²⁴ LUNCH: PIZZA WAFFALACO Golden Corn, Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice	BRK: EGG & CHEESE CROISSANT, WAFFLES ¹⁸ LUNCH: CHICKEN TENDERS & RANCH PIZZA SAUCE w/ CHILI CHEESE FLATBREAD Green Beans, Red Peppers, Pears, Fresh Orange, Apple Juice BRK: SAUSAGE BREAKFAST PIZZA, APPLE FRUDEL ²⁵ LUNCH: FRENCH TOAST STICKS W/ SAUSAGE PATTIES Tater Tots, Celery Sticks, Fresh Orange, Pears, Orange Juice	BRK: COUNTRY CHICKEN BISCUIT, STRAWBERRY APPLE SMOOTHIE w/ CRACKERS & CHEESESTICK ¹⁹ LUNCH: NACHO CHEESE WALKING TACO Refried Beans, Celery Sticks, Peaches, Fresh Apple Wedges, Grape Juice BRK: CHEESY EGG CROISSANT, MINI CINNI ²⁶ LUNCH: CHICKEN ALFREDO WITH PENNE PASTA & GARLIC TOAST Seasoned Green Beans, Romaine Salad, Fresh Apple Wedges, Peaches, Grape Juice	BRK: SAUSAGE & CHEESE ENGLISH MUFFIN, PUMPKIN SPICE CINN TOAST CRUNCH DONUT ²⁰ LUNCH: JALAPENO POPPER BACON BURGER French Fries, Fresh Broccoli, Applesauce, Craisins, Orange Juice BRK: SAUSAGE PANCAKE WRAP, CHOCOLATE CRESCENT ²⁷ LUNCH: TURKEY BARBACOA SOFT TACOS W/ CORN & PICO SALAD & CILANTRO RICE Seasoned Refried Beans, Red Peppers, Applesauce, Craisins, Apple Juice	BRK: TURKEY CHORIZO & EGG TACO, MINI MAPLE PANCAKE PUFFS ²¹ LUNCH: BUZZER BEATER BASKET with BREADSTICK Cucumber Slices, Romaine Salad, Fresh Banana, Strawberries, Fruit Juice BRK: BOSCO STICK, CINNAMON CHIP GLAZED SCONES ²⁸ LUNCH: TATER TOT BEEF NACHOS with ROLL Vege Blend Peas & Carrots, Fresh Broccoli, Fresh Banana, Strawberries, Fruit Juice
BRK: SAUSAGE BREAKFAST PIZZA, MINI STRAWBERRY BAGEL ³¹ LUNCH: BUFFALO CHEESE PIZZA STICKS Baked Beans, Fresh Baby Carrots, Mixed Fruit, Blueberries, Fruit Juice				

Menus are subject to change.



Specialty Grill Option:
Monday: Chicken Tenders w Breadstick
Tuesday: Grilled Cheese
Wednesday: Ham & Cheese Croissant Melt
Thursday: Bosco Sticks
Friday: Corn Dog



This institution is an equal opportunity provider.